

# Modeling AIDS Clinical Trials and Antiviral Treatment Effects

**Hulin Wu**

Department of Biostatistics and Computational Biology  
University of Rochester School of Medicine and Dentistry

[hwu@bst.rochester.edu](mailto:hwu@bst.rochester.edu)

## Outline

- **Background and Objectives**
- **HIV Dynamic Models**
- **Models for Drug Exposure and Response**
- **Parameter Estimation and Model Fitting**
- **An AIDS Clinical Study**
- **Summary and Discussion**

# Modeling Our Knowledge

- Knowledge Sources for HIV/AIDS Treatments
  - Established mechanisms and biological theories
  - Prior information: published results and other studies
  - New/Current information: data at hand

# Modelers

- **Mathematicians:**
  - Use established mechanisms for modeling/simulations.
  - Data from individual patients **NOT** efficiently used.
- **Statisticians:**
  - Focus on current information/data for statistical analysis.
  - The prior information/data and biological mechanisms/theories **NOT** efficiently used.
- **Bayes Statisticians:**
  - Use both current data and prior information for statistical inference.
  - Biological mechanisms/theories **NOT** efficiently used.

## How to Avoid the Problem?

How can we use the information from all different sources to achieve our goals?

- Bridge the gap between mathematicians and statisticians

## Our Objectives

- Develop mathematical models for the mechanisms of HIV infection and antiviral treatment effects
  - PK/PD models
  - Adherence models
  - Drug susceptibility
- Develop statistical methods for parameter identification, model fitting and prediction
  - Deal with the complexity of the models: Nonlinear differential equations
  - Deal with the unidentifiability issues
  - Deal with the intensive computations
- Apply the established models for AIDS clinical trial simulations and search for optimal treatment strategies

# A Mechanisms-Based Model for HIV Infection

- A viral dynamic model: describe the population dynamics of HIV and its target cells in plasma

$$\begin{aligned}\frac{d}{dt} T &= \lambda - \rho T - [1 - \gamma(t)]kTV \\ \frac{d}{dt} T^* &= [1 - \gamma(t)]kTV - \delta T^* \\ \frac{d}{dt} V &= N\delta T^* - cV\end{aligned}\tag{1}$$

- $T, T^*, V$ : target uninfected cells, infected cells, virus
- $\gamma(t)$ : time-varying antiviral drug efficacy
- $(\lambda, \rho, k, \delta, N, C)$ : unknown parameters to be estimated
- The equations (2): no closed-form solutions

## Selection of Mechanisms-Based Models

- Consider your objectives/goals to select the model
  - For prediction of clinical outcomes?
  - For understanding biological mechanisms?
  - For studying a new treatment strategy?
  - For modeling immunological responses or virological responses?
  - For modeling drug effects?
  - ???????



- Consider the trade-off between the model accuracy and model complexity
  - Impossible to model everything in details
  - Important components missing: not accurate
  - Too many components included: too complex
  - What information/data do you have?  
Do not use a model you cannot identify
  - Try to use all information to identify more accurate (more complex too) model
  - Try to use a simpler model if your goal can be achieved
- Sensitivity analysis: dealing with some uncertainty of the model

# A Mechanisms-Based Model for HIV Infection

- A viral dynamic model: describe the population dynamics of HIV and its target cells in plasma

$$\begin{aligned}\frac{d}{dt} T &= \lambda - \rho T - [1 - \gamma(t)]kTV \\ \frac{d}{dt} T^* &= [1 - \gamma(t)]kTV - \delta T^* \\ \frac{d}{dt} V &= N\delta T^* - cV\end{aligned}\tag{2}$$

- $T, T^*, V$ : target uninfected cells, infected cells, virus
- $\gamma(t)$ : time-varying antiviral drug efficacy
- $(\lambda, \rho, k, \delta, N, C)$ : unknown parameters to be estimated
- The equations (2): no closed-form solutions

# Antiviral Drug Efficacy Model

- A modified  $E_{max}$  model for drug efficacy:

$$\gamma(t) = \frac{C(t)A(t)}{\phi IC_{50}(t) + C(t)A(t)} = \frac{IQ(t)A(t)}{\phi + IQ(t)A(t)}, \quad 0 \leq \gamma(t) \leq 1 \quad (3)$$

- $C(t)$ : the plasma drug concentration
  - $A(t)$ : drug adherence measurements
  - $IC_{50}$ : in vitro phenotype drug resistance marker
  - $\phi$ : a conversion factor parameter
  - $IQ = \frac{C(t)}{IC_{50}(t)}$ : the Inhibitory Quotient (IQ)
- If  $\gamma(t) = 1$ , the drug: 100% effective
  - If  $\gamma(t) = 0$ , the drug: no effect

## Two or More Drug Regimens

$$\begin{aligned}\gamma(t) &= \frac{[C_1(t)A_1(t)/IC_{50}^1(t)] + [C_2(t)A_2(t)/IC_{50}^2(t)]}{\phi + [C_1(t)A_1(t)/IC_{50}^1(t)] + [C_2(t)A_2(t)/IC_{50}^2(t)]} \\ &= \frac{IQ_1(t)A_1(t) + IQ_2(t)A_2(t)}{\phi + IQ_1(t)A_1(t) + IQ_2(t)A_2(t)}\end{aligned}\tag{4}$$
$$\tag{5}$$

- $C_1(t)$  and  $C_2(t)$  : the plasma concentration for the two agents.
- $IC_{50}^1$  and  $IC_{50}^2$ : the median inhibitory concentration of the two agents.
- $A_1(t)$  and  $A_2(t)$ : the adherence rates of the two agents.

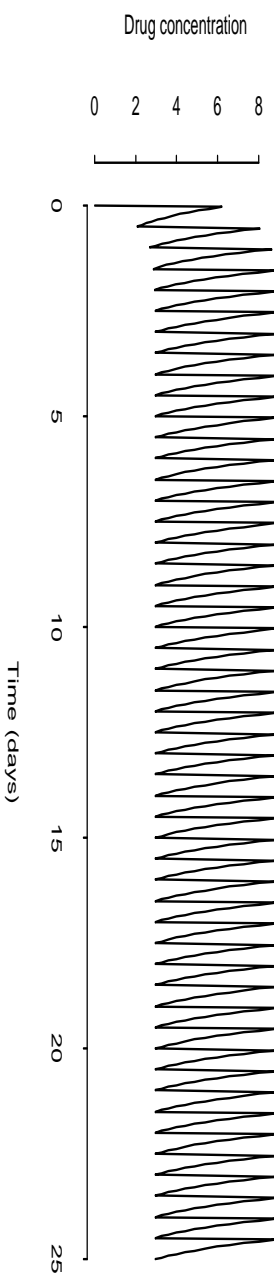
# Drug Susceptibility Model

- Phenotype marker  $IC_{50}$  is used to quantify agent-specific drug sensitivity
- The function: to describe changes overtime in  $IC_{50}$

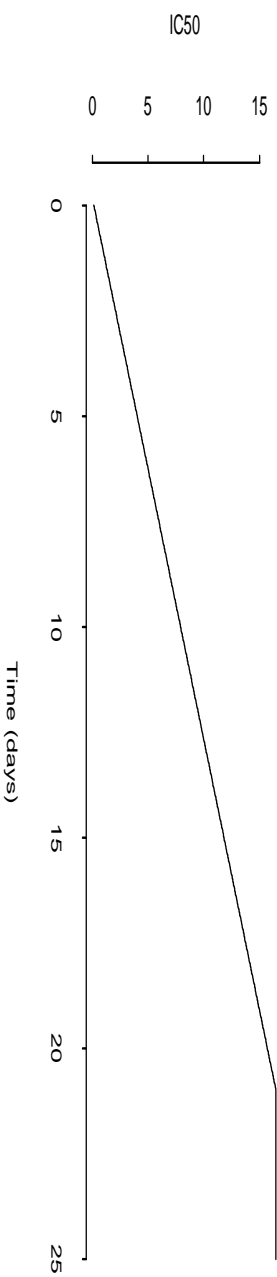
$$IC_{50}(t) = \begin{cases} I_0 + \frac{I_r - I_0}{t_r} t & \text{for } 0 < t < t_r, \\ I_r & \text{for } t \geq t_r, \end{cases} \quad (6)$$

- $I_0$  and  $I_r$ : respective values of  $IC_{50}(t)$  at baseline and time point  $t_r$  at which drug resistant mutations appear
- If  $I_r = I_0$ , no resistance mutation developed during treatment

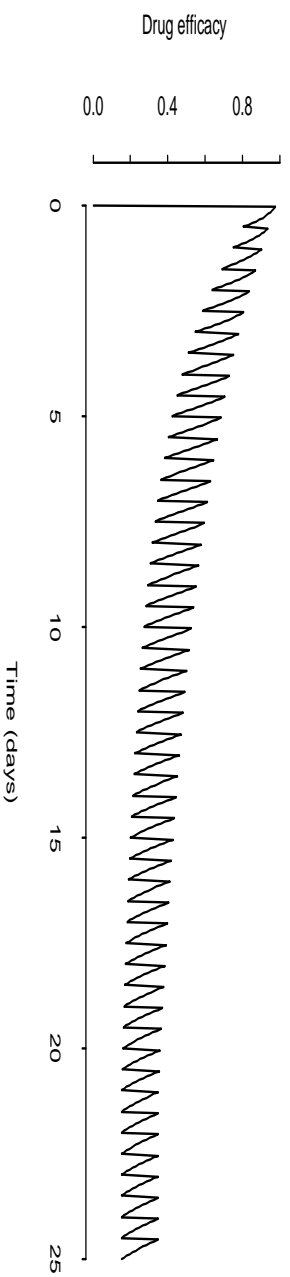
(a) Plasma concentration of ritonavir (PI)



(b) Median inhibitory concentration



(c) Ritonavir (PI) efficacy



# Properties of the HIV Dynamic Model

- Direct relationship between drug efficacy (drug exposure and drug sensitivity) and viral load
- A threshold of drug efficacy:  $e_c = 1 - \frac{c\rho}{kN\lambda}$ 
  - if drug efficacy  $\gamma(t) > e_c$ , Model (2) converges to a stable uninfected steady-state
    - \* Virus will be eventually eradicated in theory
  - if  $\gamma(t) < e_c$ , the uninfected state is not stable and the endemically infected state exists
    - \* Viral load may rebound
- The threshold  $e_c$ : may reflect the immune status of patients

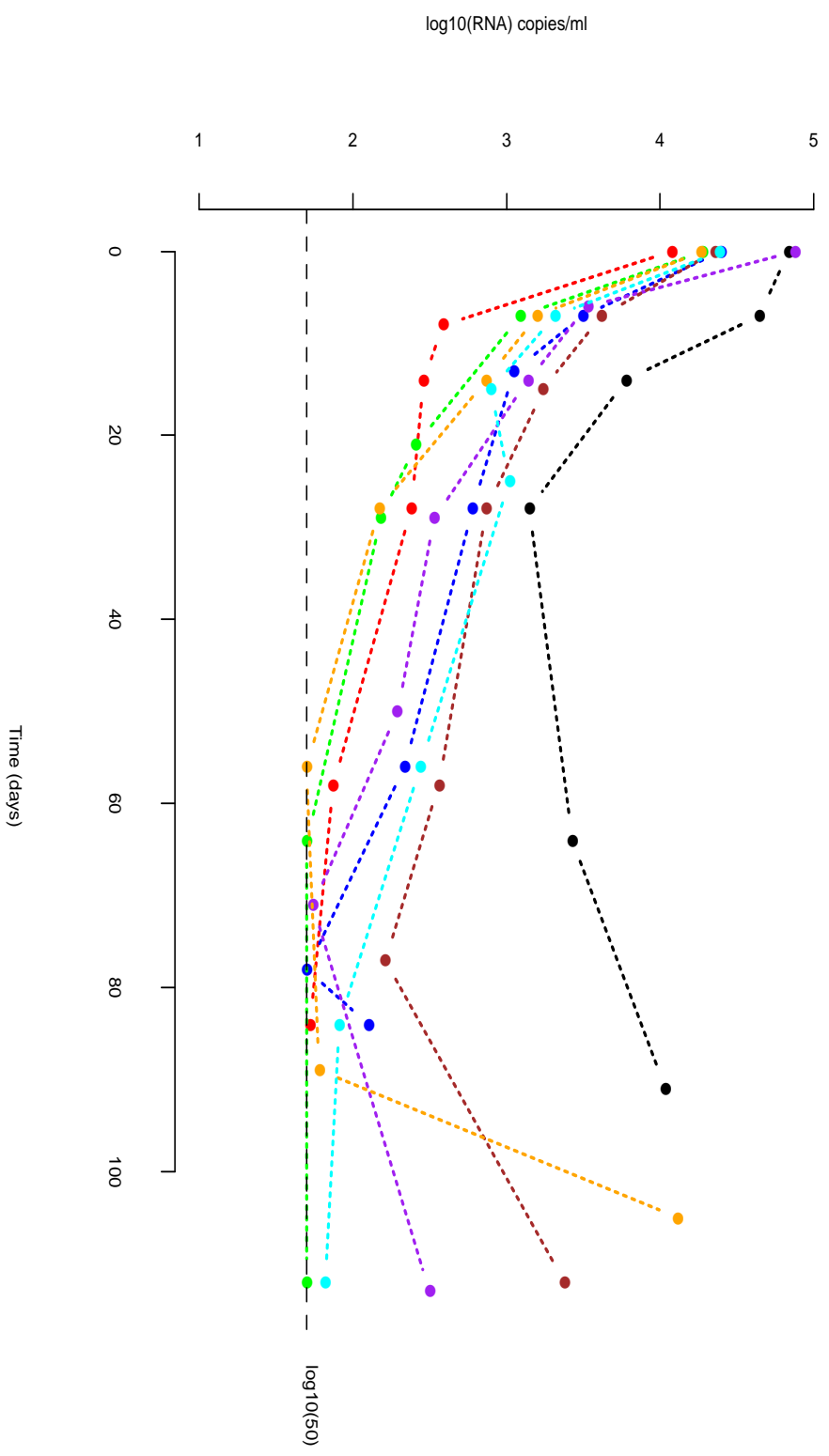
# A Challenging Problem

How to Estimate the Unknown Parameters in the Dynamic Model?

- **Difficulties:**
  - Identifiability problem: Too many parameters,  $(\phi, \lambda, \rho, k, \delta, N, C)$
  - Data from individuals: sparse
  - Different response patterns for different patients
  - Nonlinear differential equations model: no closed-form solutions



Real data up to day 112



## Bayesian Hierarchical Model Approach

- Propose a three-stage hierarchical (mixed-effects) model
- Advantages of Bayesian hierarchical modeling approach
  - Naturally incorporate prior information
  - Deal with extremely complicated models such as nonlinear differential equation models
  - Use posterior distributions to easily answer inference questions
  - Estimate parameters for both population and individuals

## Bayesian Modeling

- A three-stage Bayesian hierarchical model

Stage 1. Within-subject variation:

$$y_i = f_i(\theta_i) + e_i, \quad [e_i | \sigma^2, \theta_i] \sim \mathcal{N}(\mathbf{0}, \sigma^2 \mathbf{I}_{m_i})$$

- $f_i(\theta_i) = (f_{i1}(\theta_i, t_1), \dots, f_{im_i}(\theta_i, t_{m_i}))^T$ : ODE solutions.
- $y_i = (y_{i1}(t_1), \dots, y_{im_i}(t_{m_i}))^T$ : Data from Subject  $i$
- $e_i = (e_i(t_1), \dots, e_i(t_{m_i}))^T$ : Measurement error

Stage 2. Between-subject variation:

$$\theta_i = \mu + b_i, \quad [b_i | \Sigma] \sim \mathcal{N}(\mathbf{0}, \Sigma)$$

Stage 3. Hyperprior distributions:

$$\sigma^{-2} \sim Ga(a, b), \quad \mu \sim \mathcal{N}(\eta, \Lambda), \quad \Sigma^{-1} \sim Wi(\Omega, \nu)$$

- Gamma ( $Ga$ ), Normal ( $\mathcal{N}$ ) and Wishart ( $Wi$ ): independent distributions
- Hyper-parameters  $a, b, \eta, \Lambda, \Omega$  and  $\nu$ : known

## Bayesian Estimation: Implementation

- **Choose prior distributions**
  - Informative prior and non-informative prior
  - Rule of thumb: choose non-informative prior distributions for parameters of interest
- **Implement MCMC algorithm**
  - Gibbs sampling step: closed form of conditional distributions for  $\sigma^{-2}$ ,  $\mu$ ,  $\Sigma^{-1}$
  - Metropolis-Hastings step: no closed form of conditional distributions for  $\theta_i$
- **Run a long chain: the number of iterations, initial “burn-in”, every fifth simulation samples**
- **Obtain posterior distributions (posterior means or credible intervals) based on the final MCMC samples**

## A Clinical Study: A5055

- A study of HIV-1 infected patients failing PI-containing therapies.
- Two salvage regimens:
  - Arm A: IDV 800 mg q12h+RTV 200mg q12h+two NRTIs
  - Arm B: IDV 400 mg q12h+RTV 400mg q12h+two NRTIs
- Plasma HIV-1 RNA (viral load) measured at days 0, 7, 14, 28, 56, 84, 112, 140 and 168 of follow-up

## Clinical Data – Results of population parameters

Parameter	PM	SD	95% CI
$\phi$	2.1091	0.6354	(1.2143, 3.6392)
$c$	2.9867	0.1466	(2.7139, 3.2881)
$\delta$	0.3729	0.0184	(0.3387, 0.4105)
$\lambda$	100.645	4.9431	(91.497, 110.830)
$\rho$	0.0997	0.0049	(0.0905, 0.1099)
$N$	1004.988	49.795	(912.074, 1106.654)
$k$	$9.183 \times 10^{-6}$	$0.290 \times 10^{-6}$	( $8.632 \times 10^{-6}$ , $9.774 \times 10^{-6}$ )

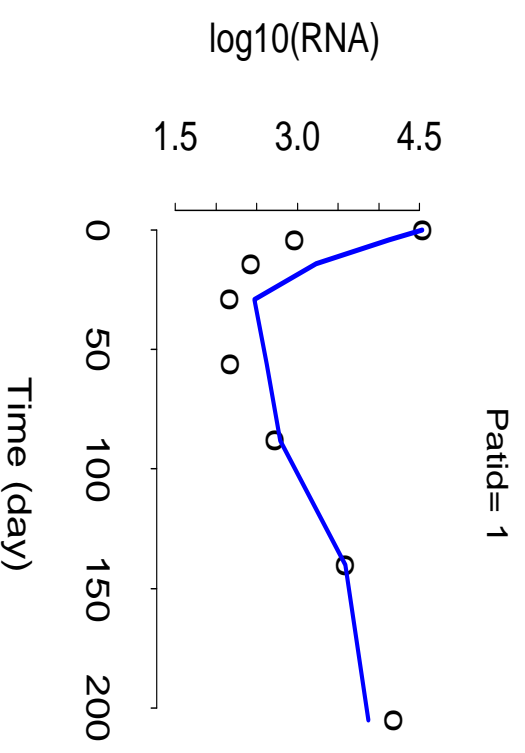
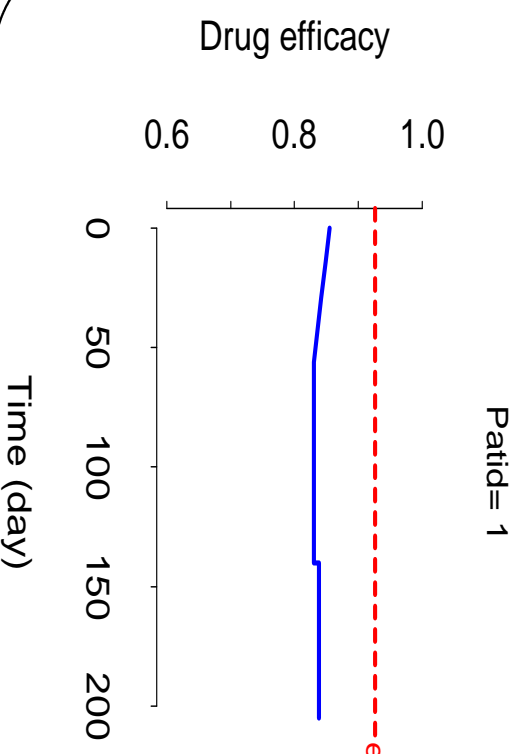
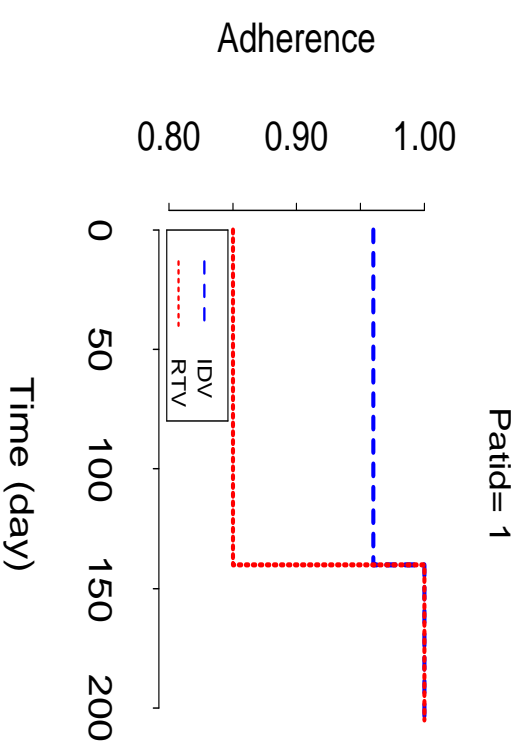
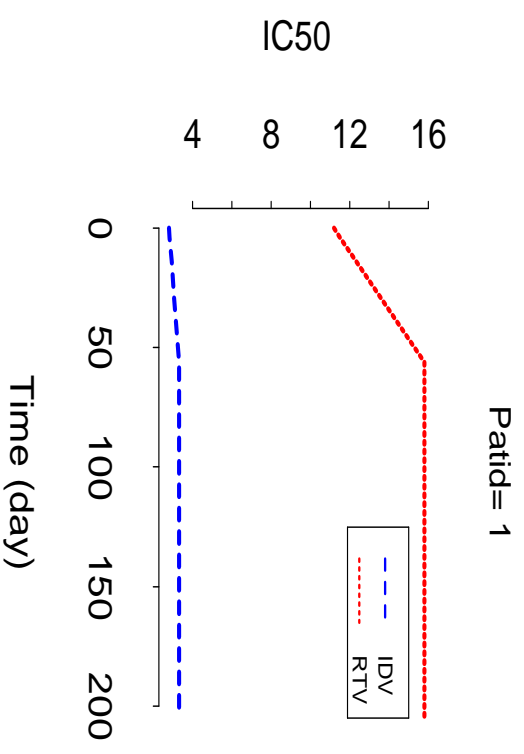
- Posterior mean for the population parameter  $\phi$  is 2.1091 with a SD of 0.6354 and the 95% CI of (1.2143, 3.6392)
- As  $\phi$  plays a role of transforming the *in vitro*  $IC_{50}$  into *in vivo*  $IC_{50}$ , our estimate shows that there is about 2-fold difference between *in vitro*  $IC_{50}$  and *in vivo*  $IC_{50}$

## Clinical Data—Results of individual parameters

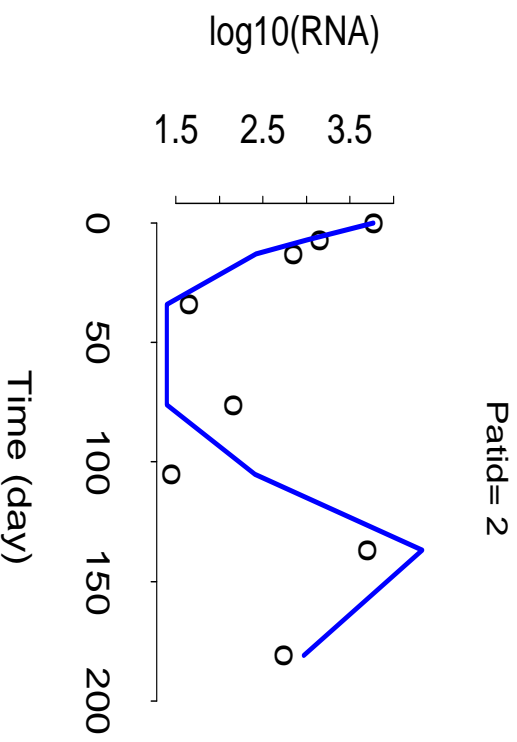
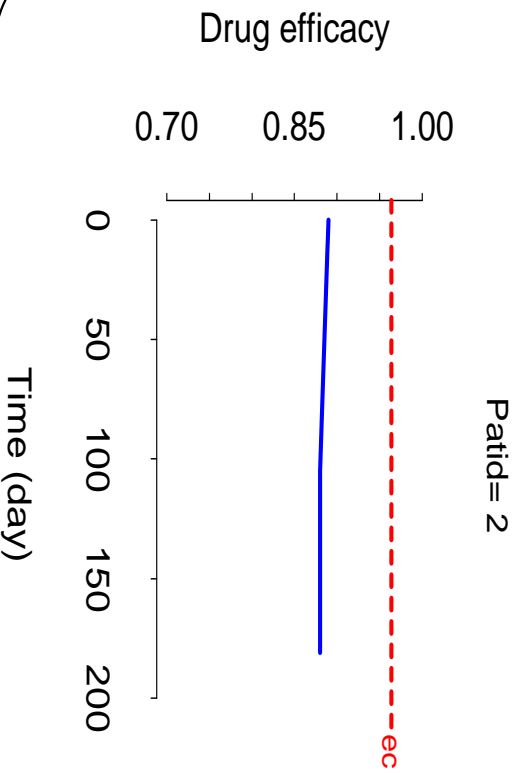
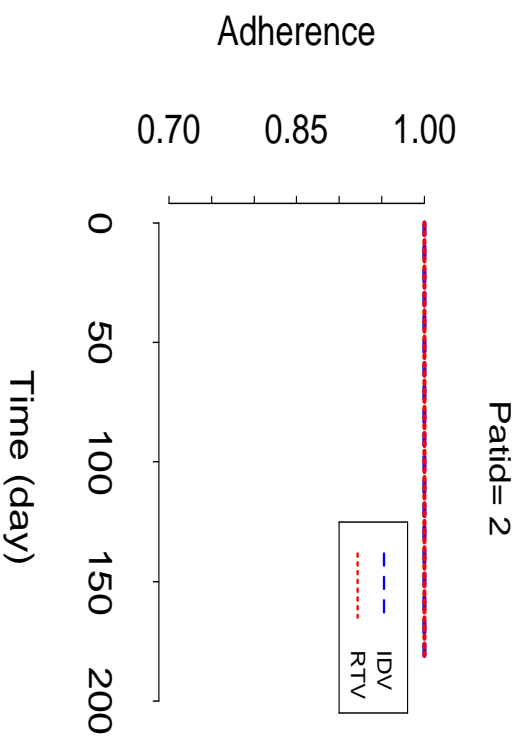
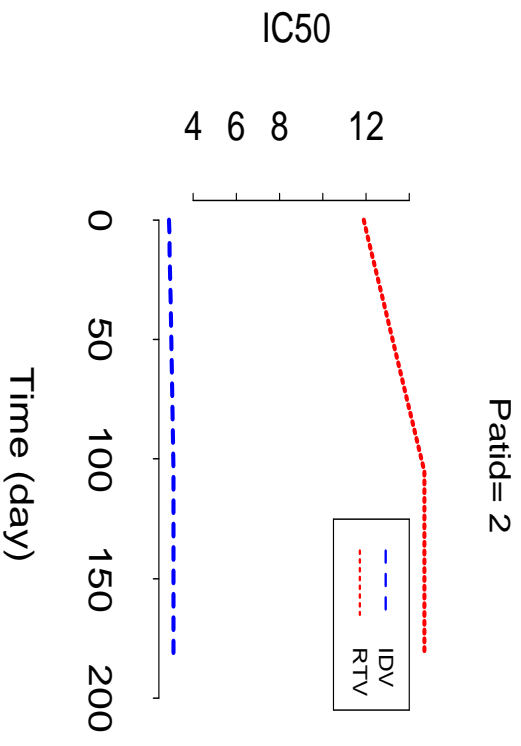
Patient	$\phi_i$	$c_i$	$\delta_i$	$\lambda_i$	$\rho_i$	$N_i$	$k_i$	$e$
1	0.447	2.254	0.270	410.462	0.024	456.757	$8.33 \times 10^{-6}$	0.97
2	5.371	2.969	1.183	29.619	0.426	4795.813	$10.84 \times 10^{-6}$	<b>0.17</b>
3	3.723	2.283	0.456	36.877	0.289	3258.347	$8.66 \times 10^{-6}$	0.37
4	4.960	2.761	0.798	44.956	0.313	3051.988	$9.09 \times 10^{-6}$	0.34
5	7.066	2.306	0.663	71.295	0.201	2735.239	$6.54 \times 10^{-6}$	0.64
6	0.786	4.633	0.183	375.882	0.025	247.416	$11.18 \times 10^{-6}$	0.89
7	0.091	7.008	0.299	4015.398	0.003	30.559	$18.54 \times 10^{-6}$	0.98
8	8.484	2.280	0.663	32.722	0.416	4530.531	$8.37 \times 10^{-6}$	<b>0.24</b>

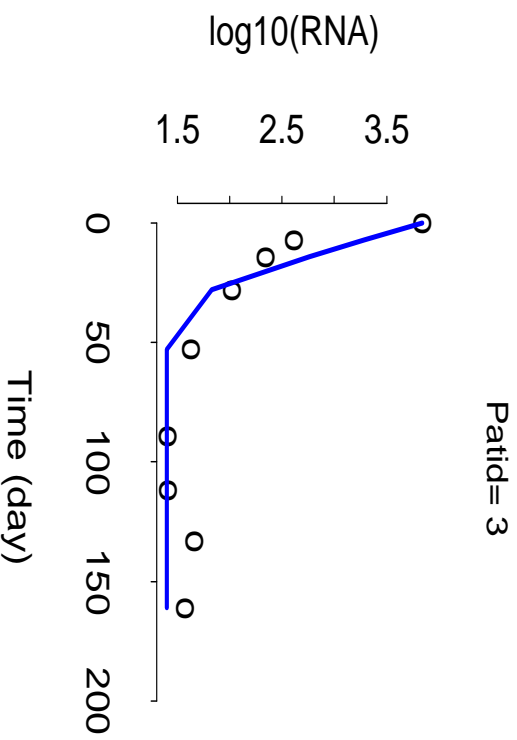
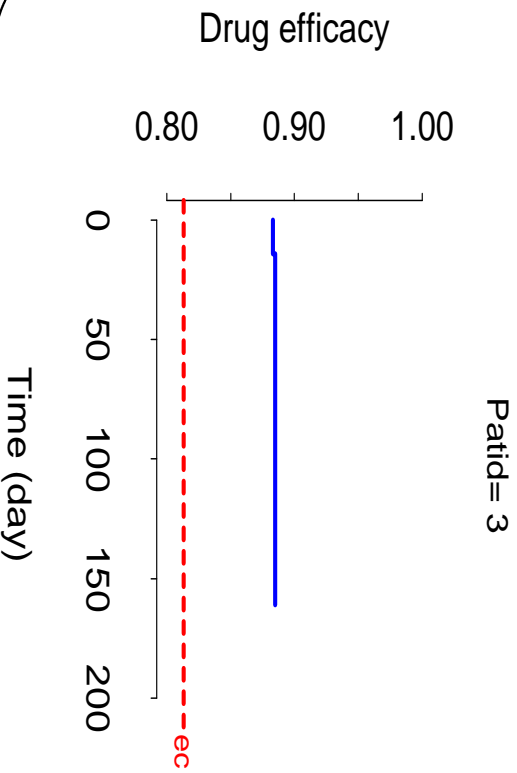
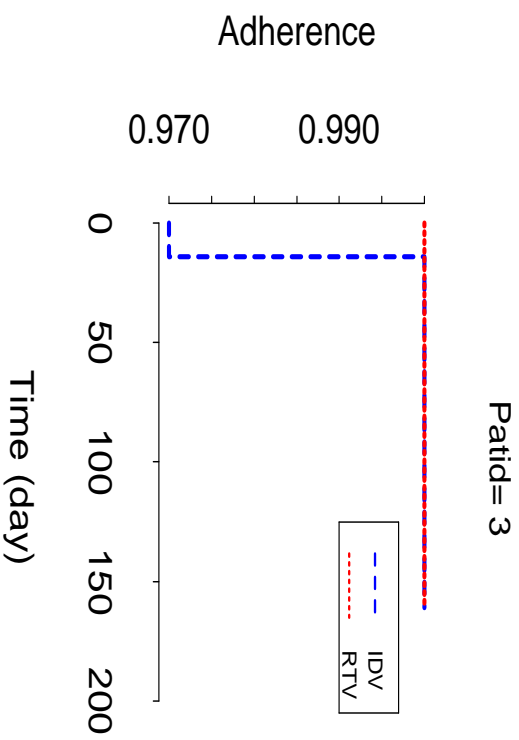
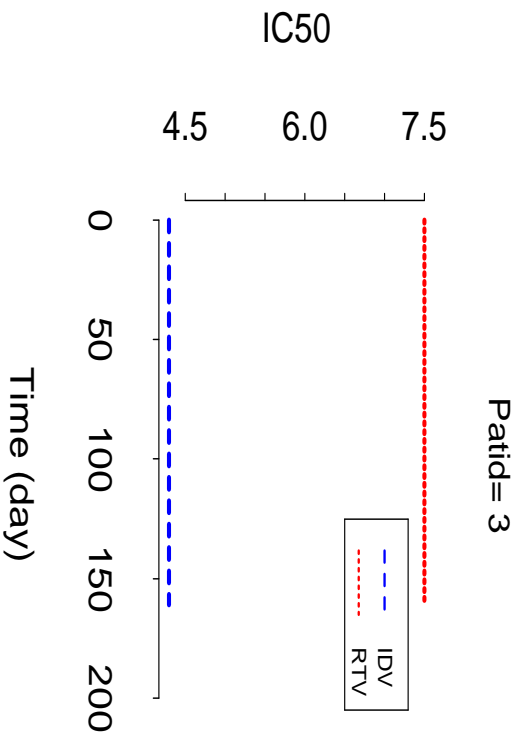
- The individual-specific parameter estimates suggest a large inter-subject variation
- The model provides a good fit to the clinical data

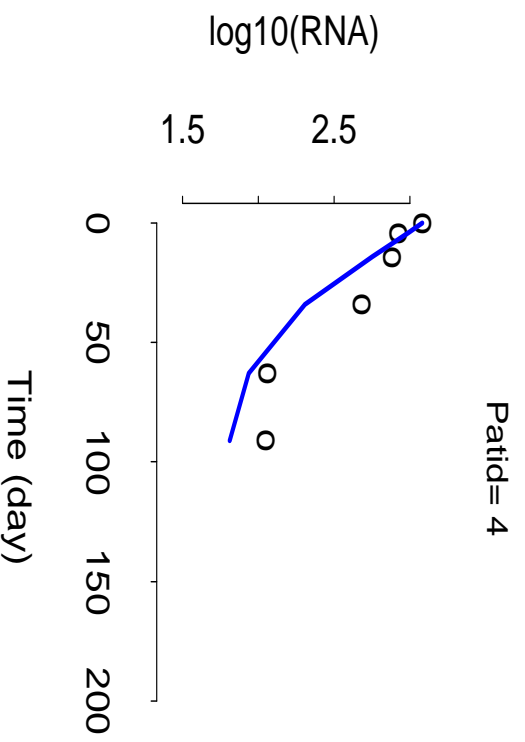
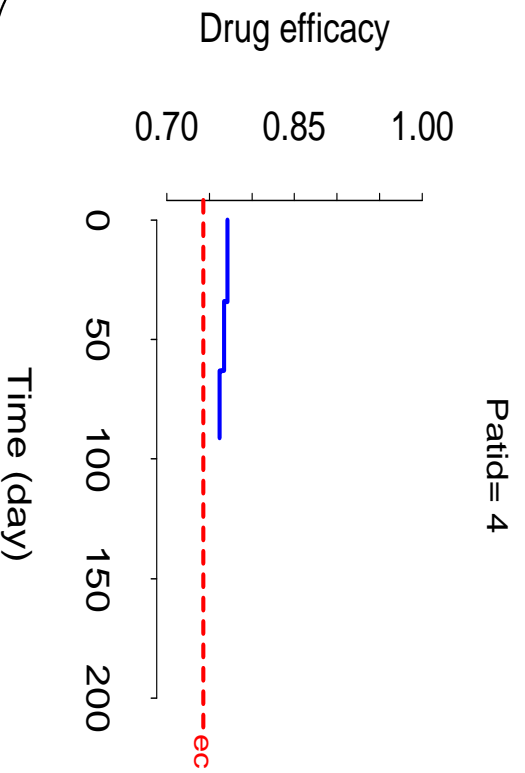
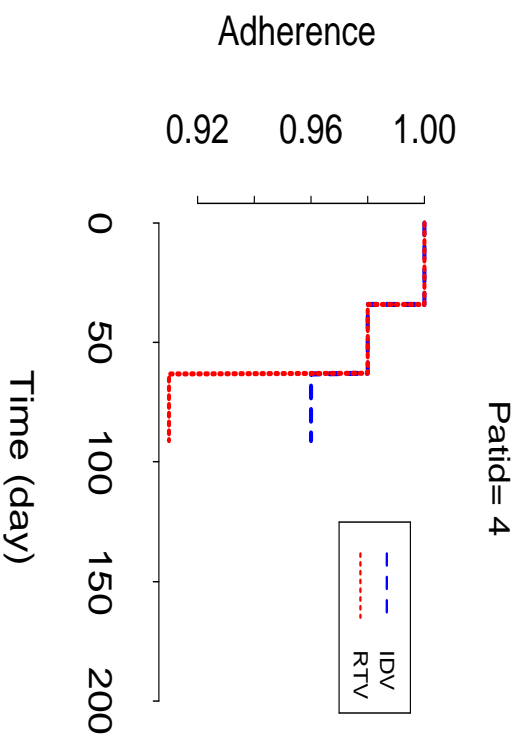
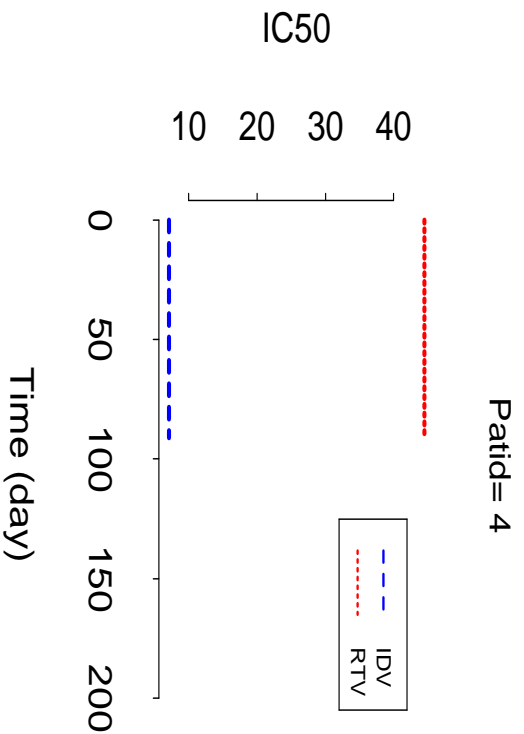
Fitted individual curves, drug efficacy, IC50 and adherence with IQ=c12h/IC50

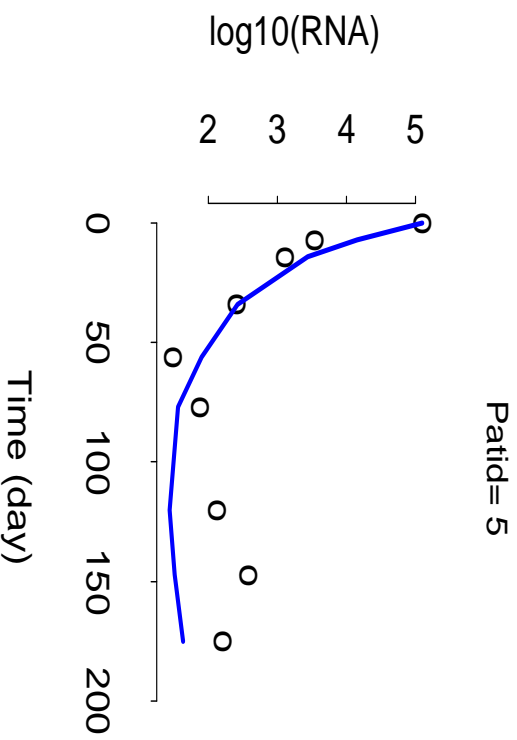
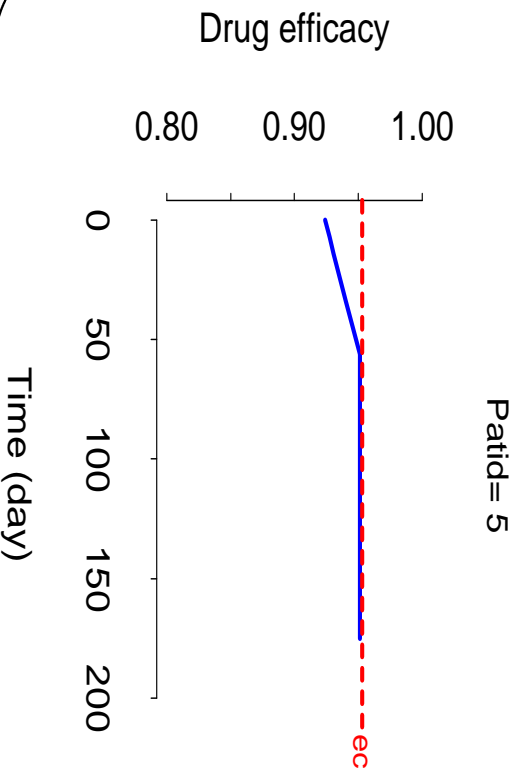
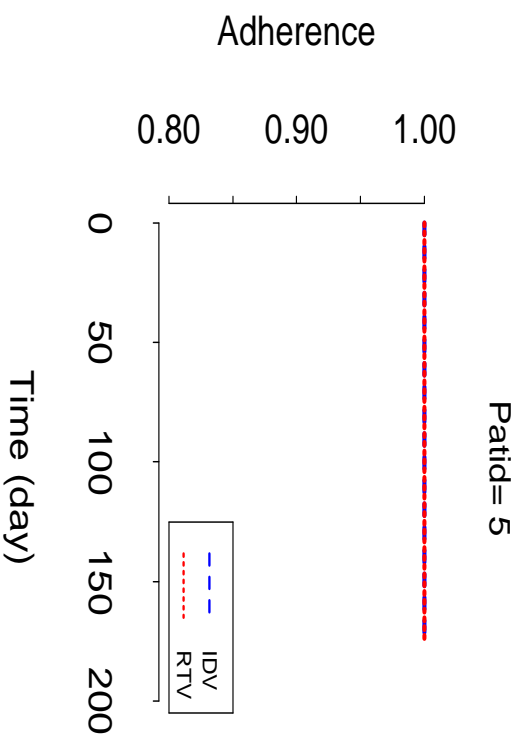
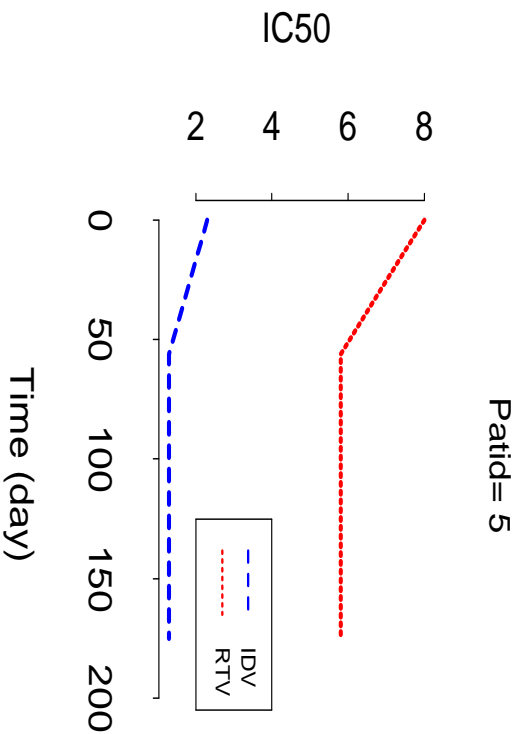


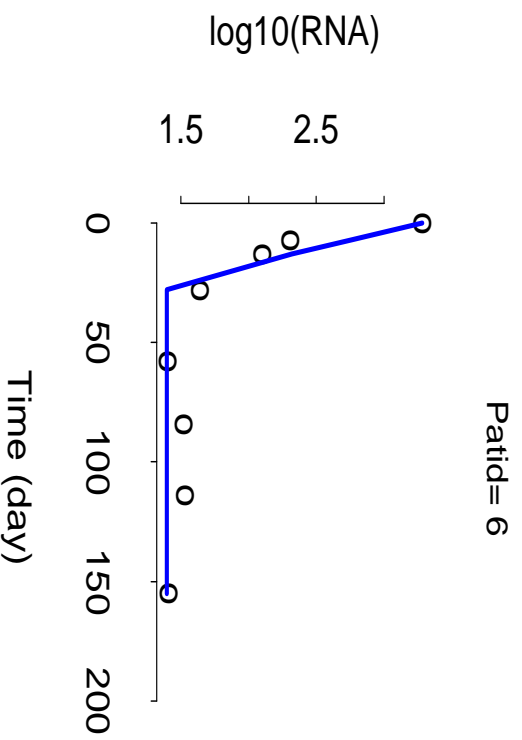
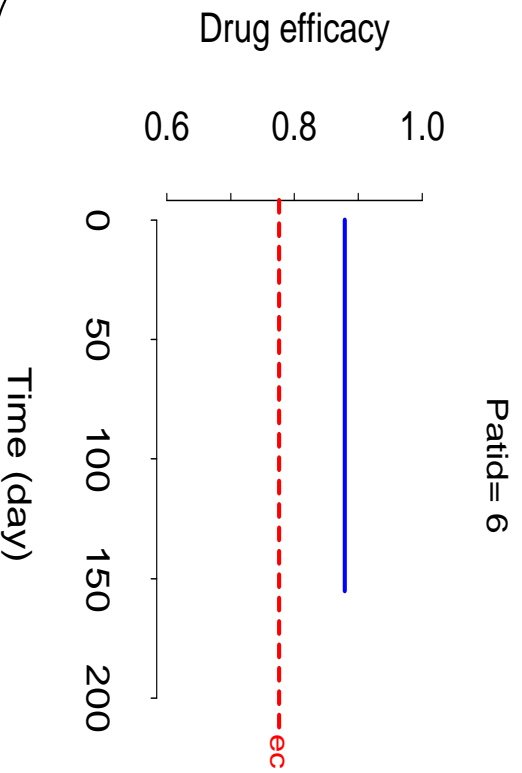
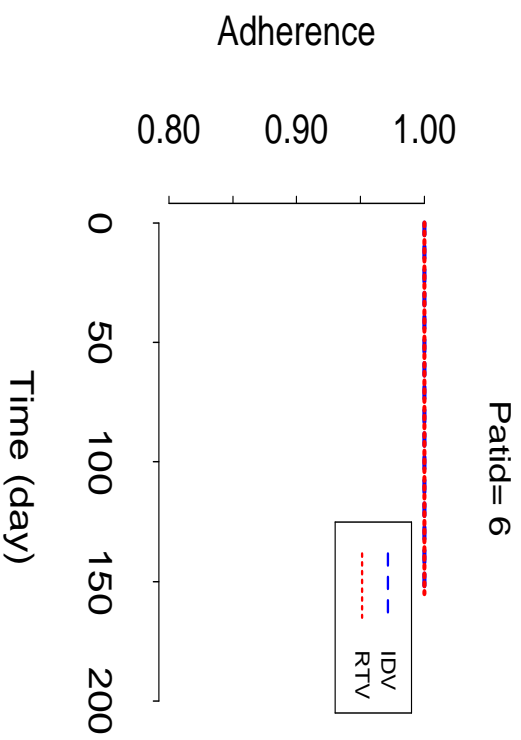
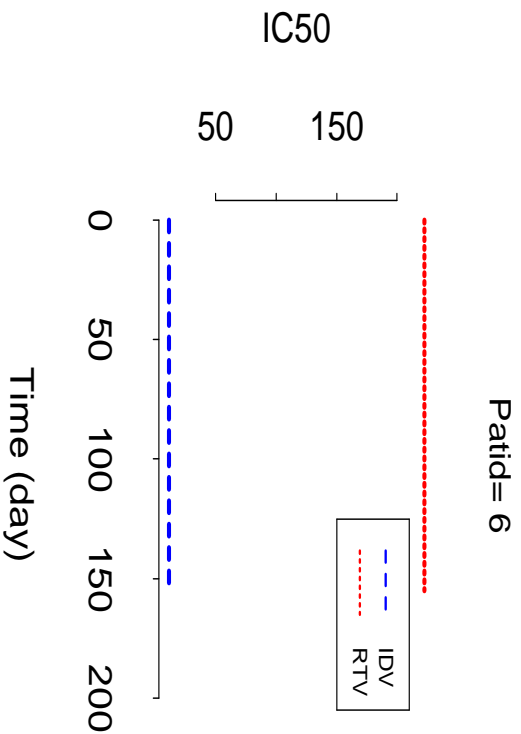












# Questions

- **Model fitting looks good using the information:**
  - PK: Trough-level drug concentration
  - Drug susceptibility: IC50
  - Adherence: Questionnaire data
- **Questions**
  - Do all these factors contribute to good fitting of the model?
  - If not all, what are important factors?
  - Without using the complicated viral dynamic model, can we still see the effect of these factors on the response by simple regression analysis?

# Simple Regression or Correlation Analyses

- **Difficulty: How to define the “response”?**
- **Viral load changes from baseline to week 4/week 24**
- **Simple regression or correlation: No effects**

Figure 1: Simple Regression or Correlation Analyses

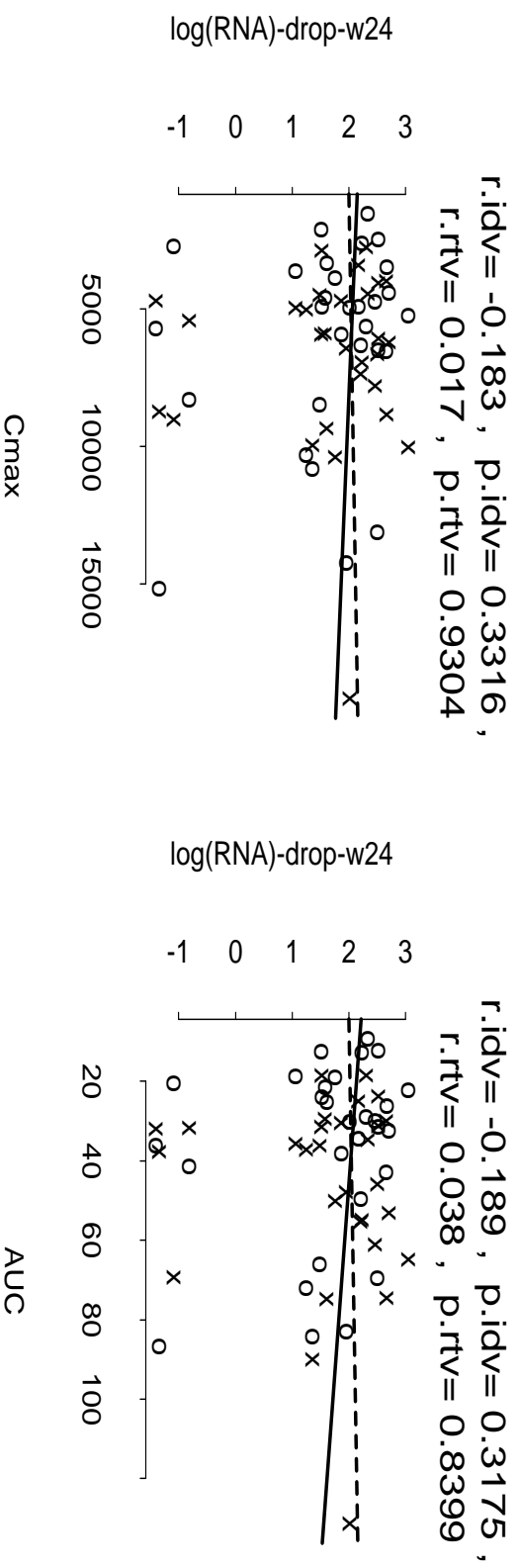
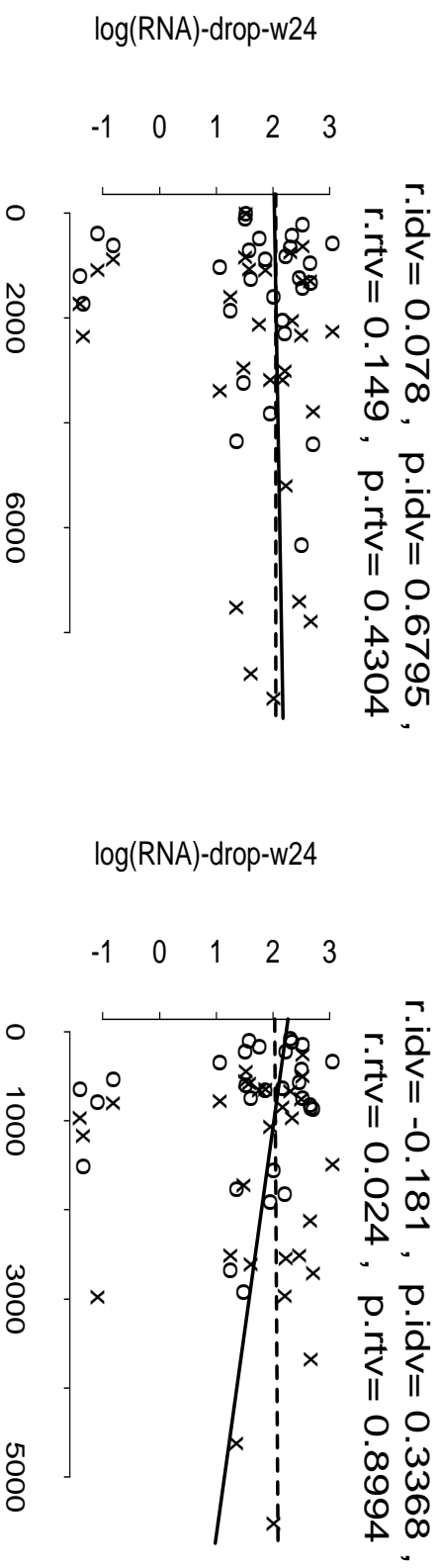
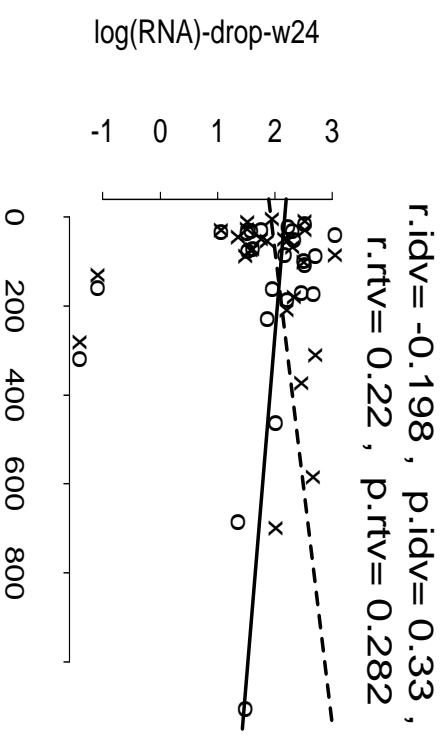
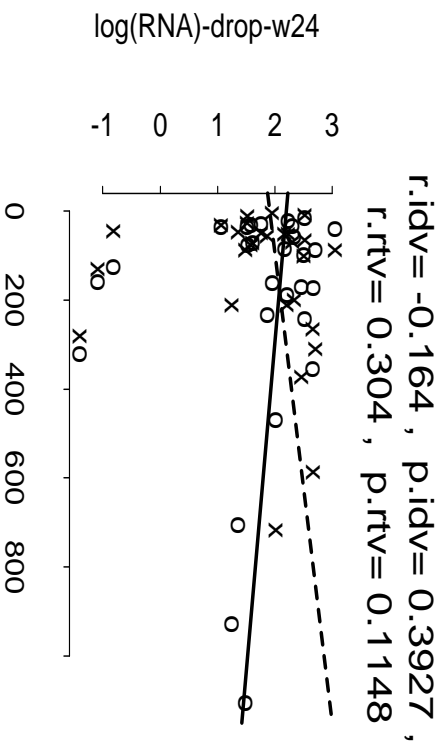
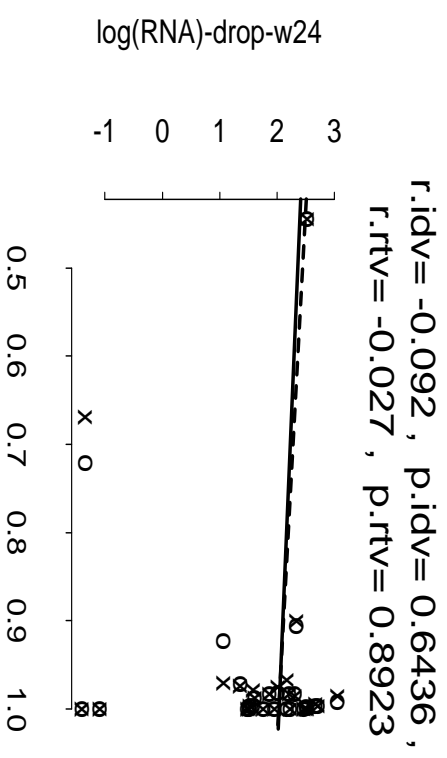
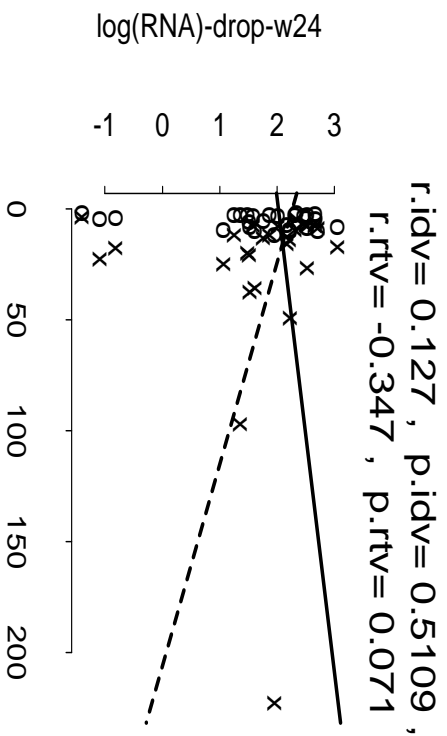




Figure 2: Simple Regression or Correlation Analyses



## Mechanisms-Based Model Fitting

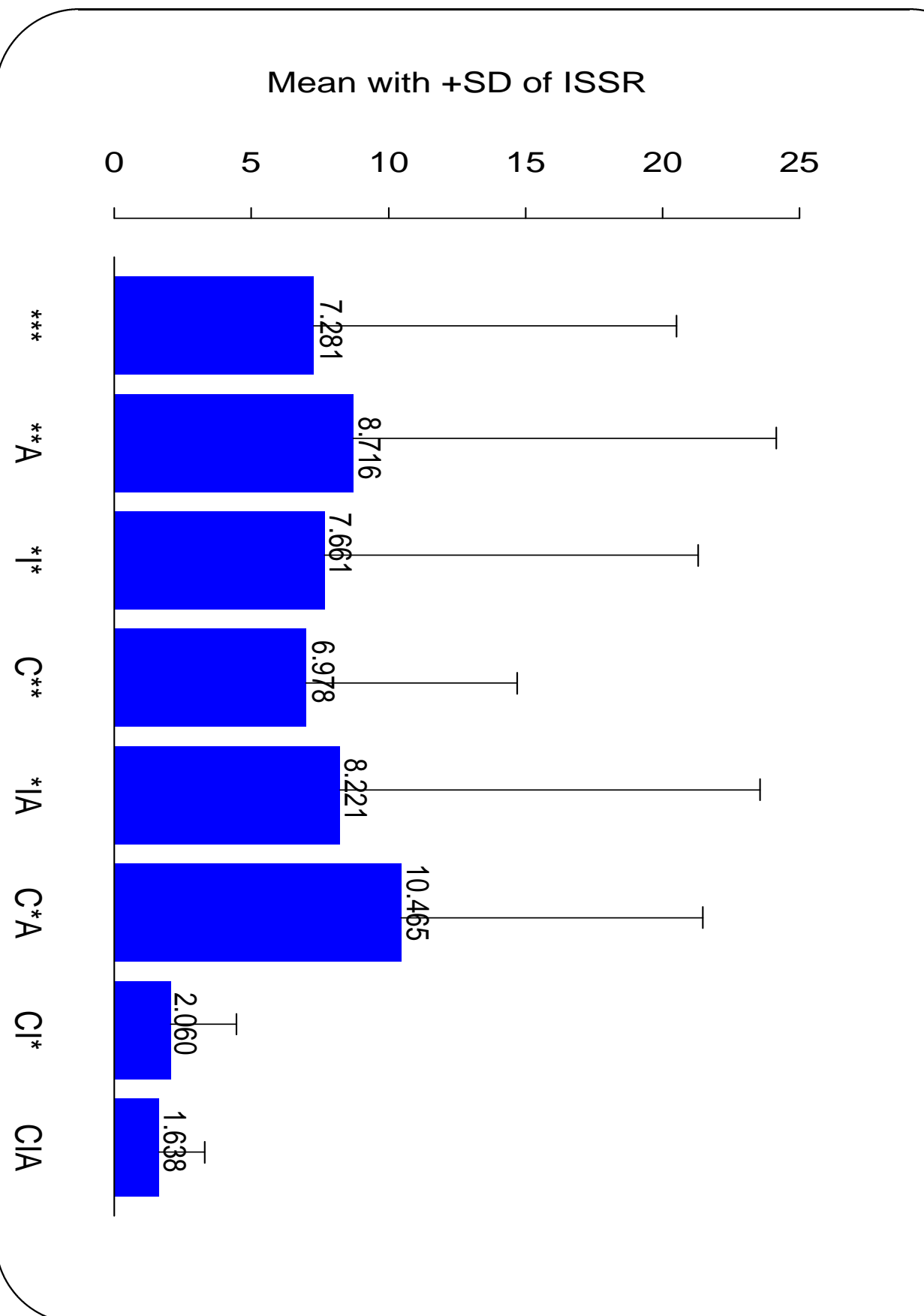
Three Factors: (1) PK, (2) adherence and (3) drug susceptibility

- No factor considered
- Considering each of the three factors separately
- Considering all pairs of two-factor combinations
- Considering all three factors together

## Mechanisms-Based Model Fitting

- Fit the data from all patients (Bayesian model)
- Get sum of squared residuals (SSR) from each patient
- Use the SSR from all individuals (ISSR) to compare model fittings
- The smallest ISSR is the best model

Figure 3: Mechanism Model Comparisons



## Mechanism Model Comparisons: p-values

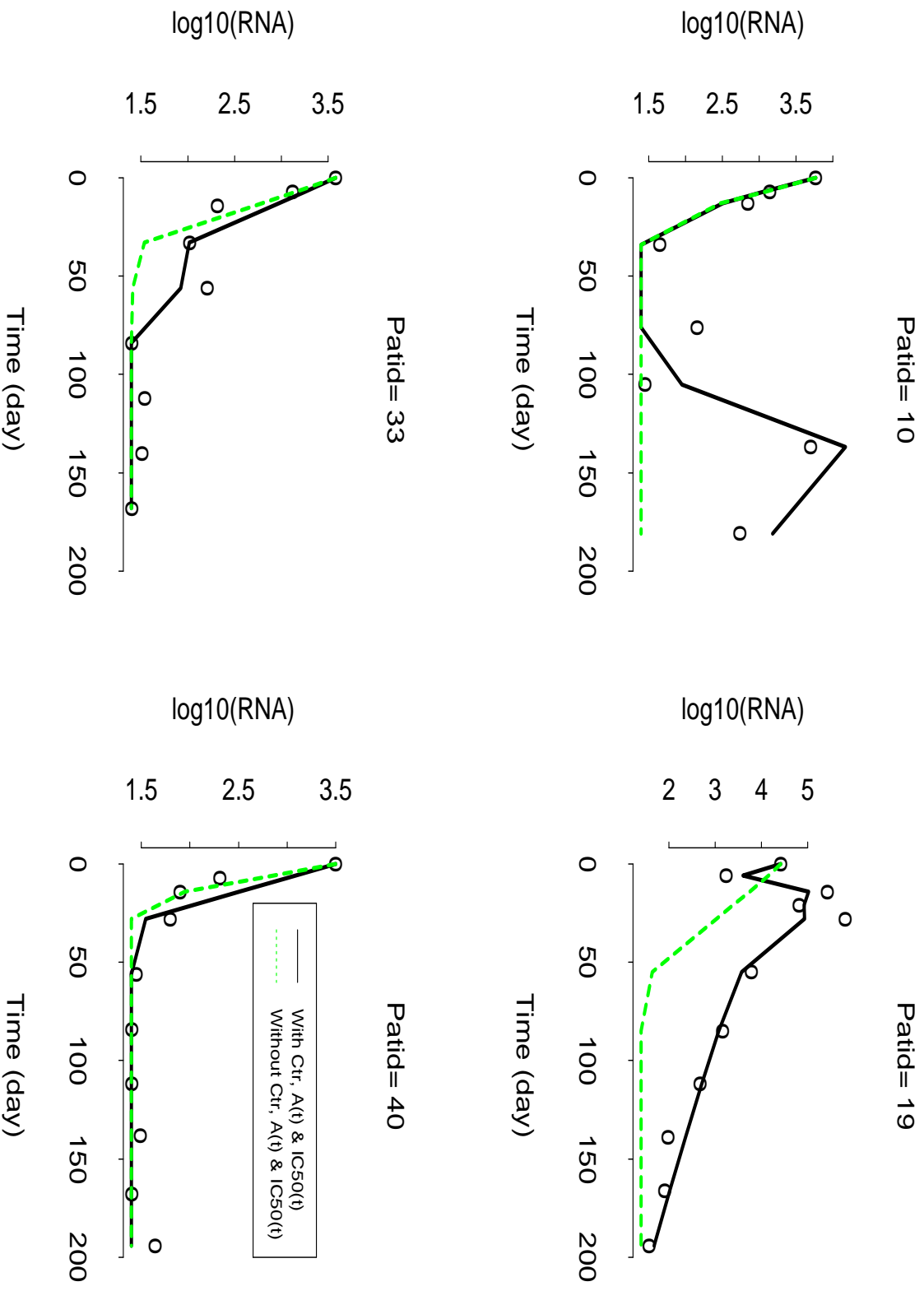
	<b>***</b>	<b>**A</b>	<b>*I*</b>	<b>C**</b>	<b>*IA</b>	<b>C*A</b>	<b>CI*</b>
<b>**A</b>	0.1001						
<b>*I*</b>	1.0000	<b>0.0136</b>					
<b>C**</b>	0.7576	0.3545	0.758				
<i>P</i>							
<b>*IA</b>	1.0000	<b>0.0079</b>	0.086	0.7576			
<b>C*A</b>	0.0641	1.0000	0.12	0.0641	<b>0.014</b>		
<b>CI*</b>	<b>0.0136</b>	<b>&lt;0.0001</b>	<b>0.019</b>	<b>0.0136</b>	<b>0.042</b>	<b>0.0007</b>	
<b>CIA</b>	<b>0.0055</b>	<b>0.0001</b>	<b>0.031</b>	<b>0.0002</b>	<b>0.014</b>	<b>&lt;0.0001</b>	<b>0.22</b>

**C: Drug Concentration (PK)**

**I: Drug susceptibility (IC50)**

**A: Adherence**

**Figure 4: Model Comparisons: No factor vs. 3 factors**



# Conclusions

C–PK, I–IC50, A–Adherence

- PK and Drug susceptibility: Important
  - IA significantly better than A
  - I significantly better than A
  - CI: almost better than all others
- Adherence: No effect
  - CIA not significantly better than CI
  - IA's SSR larger than I
  - CA's SSR larger than C
  - A's SSR larger than that with no factor considered  
**Data quality problem? More noise or more signal?**
- IA significantly better than CA: I and A more independent

## Summary

Developed HIV Dynamic models by considering long-term antiviral treatment with the following factors

- Drug efficacy
- Drug concentration
- Drug susceptibility
- Adherence



## Summary

**HIV Dynamic models: Powerful to show a significant relationship between the above factors and response**

- Simple regression or correlation methods: failed to detect the effect
- Dynamic modeling method: more powerful because
  - More information used: biological mechanism theories, prior information and current data
  - The whole viral load trajectory used as the response
  - Complicated nonlinear relationship between the drug factors and antiviral response captured appropriately
  - Complicated nonlinear interactions among the factors captured appropriately

# Discussion and Open Problems

- **Data-Driven Parametric Models**
  - A model is selected after looking at the data
  - A linear or nonlinear functions available to fit the data
  - Good for predictions and interpretations
- **Data-Driven Nonparametric Models**
  - More flexible to fit complicated data patterns and robust against model assumptions
  - Not good for predictions and interpretations

# Discussion and Open Problems

## Mechanisms-Based Parametric Models

- **Advantages:**
  - The model can be determined before data collection
  - Biomedical mechanisms or physical laws: efficiently used
  - Great for predictions and interpretations
- **Drawbacks:**
  - Not robust to model assumptions
  - Well established biological theories and their mathematical representations required
- **More Work Needed:**
  - More statistical research needed for model identification
  - Apply the established models for AIDS clinical trial simulations and search for optimal treatment strategies

## Acknowledgments

- Dr. Yangxin Huang, U of R
- Drs. John G. Gerber and Edward P. Acosta:  
A5055 Co-Chairs
- A5055 Team Members
- ACTG DACS 210 Team Members